

ONGOING SUPPORT:

ALCOHOLICS ANONYMOUS: 12 -Step peer support programs for addiction to alcohol or drugs. www.aaboston.org; **NARCOTICS ANONYMOUS:** www.nerna.org New meeting "Hope Shots" Saturday nights at Baptist Church, 606 Country Way in North Scituate, and 6:00pm NA Meeting at St. Luke's. (There are no AlaTeen meetings on the South Shore currently. We are hoping to start one in Scituate in summer 2016.)

GOSNOLD REACHING OUT FAMILY MEETING -

Substance use affects the whole family unit. Free education and support for family members to understand addiction, treatment options, and stages of recovery. Meetings are facilitated by Gosnold staff. **Sundays from 11:00 am-12:30pm** at the Scituate Senior Center, 27 Brook Street, Scituate, MA 02066. Limited parking on Brook Street. Please consider entering/paring on First Parish Road-side (second driveway up from St. Mary's Church Parking Lot). All towns are welcome.

LEARN TO COPE - Peer support for families affected by opiates, alcohol and other substances.. Weekly meetings are led by other parents and/or young people in recovery from opiate and heroin addiction. Narcan and OD training available at all meetings. www.learn2cope.org for next meeting schedule and to join anonymous, 24-hour online message board. **First & Third Thursday of each Month in Norwell - 7:00-8:30 pm.** South Shore Medical Center, 141 Longwater Drive, meeting is in the Cafeteria. Rear entrance of the *Longwater Place* building.

G.R.A.S.P. - Grief After Substance Passing: Second Thursday of every month at Community Covenant Church, 400 Pleasant Street, East Bridgewater. (508) 742-4405. Separate groups for parents/spouses and youth/siblings/friends. See also **Hope Floats in Kingston** for variety of groups.

RECOVERY HIGH SCHOOL - INDEPENDENCE ACADEMY, 460-R Belmont Street , Brockton . Students with a Substance Use Disorder diagnosis may be eligible to attend this new regional recovery high school. Year-round program. (508) 510-4091. Ryan Morgan, Principal: rmorgan@nrcollab.org www.northrivercollaborative.org

OPIOID OVERDOSE PREVENTION - Nasal Narcan is saving lives by reversing opioid overdoses. To obtain free nasal Narcan and learn how you can save the life of a family member or friend, 1) attend a **Learn to Cope meeting**, or 2) contact: **Manet Community Health Centers** (In Quincy, Weymouth and Hull), Call (857) 939-4108.

Nasal Narcan is also available to potential bystanders without a prescription at all **Walmart's & CVS Pharmacies** in Massachusetts, as well as **Health Mart** pharmacies in Hingham, Hull and North Scituate. The cost is covered through most private insurance prescription co-payments, as well as fully covered by Mass Health. You may also pay cash.

South Shore Peer Recovery New peer-to-peer recovery support organization. Help for families and individuals seeking and sustaining recovery. Free support groups and resource room at 50 Cole Parkway 2nd floor, Scituate Harbor. Office number (781) 378-0453 (not a hotline). www.southshorepeerrecovery.com to sign up for emails.

Substance Use Treatment Providers On the South Shore

Hingham Substance Abuse Prevention Coalition



Contact any of these services for assistance accessing treatment:

The Massachusetts Substance Abuse Hotline
The MA Bureau of Substance Abuse Services hotline can help anyone access licensed treatment in Massachusetts. All ages. Services are available Monday through Friday, 8:00 am to 10:00 pm, Saturday and Sunday from 9:00 am to 5:00 pm.

www.helpline-online.com
(800) 327-5050

Youth Central Intake & Care Coordination -Ages 13-17
Contact for confidential advice and referrals (617) 661-3991, (866) 705-2807

The Addiction Recovery Management Service
The Massachusetts General Hospital ARMS program bridges the gaps in inpatient and outpatient treatment with leading expertise and high quality care management for youth and young adults ages 15-25 to maximize the chances for youth recovery.

www.addictionanswers.com
(617) 643-4699

MSPP Interface Referral Service
Individual Counseling Referrals – Free Service for finding substance and mental health providers for adults, children and families on the South Shore.
(888) 244-6843 x 1411

Wicked Sober
Outreach and Referral to Treatment Hotline
(855) 698-5056

Gosnold on Cape Cod
Inpatient and Outpatient Treatment Services
Lori McCarthy, Clinical Outreach Director
(508) 540-6550 ext. 5233

FAMILY INTERVENTION PROGRAMS:

Adcare Hospital, Karen MacDonald, kmacdonald@adcare.com; 508-873-2385
Gosnold on Cape Cod, Lori McCarthy, (508)540-6550 ext. 5233

ADULT TREATMENT (INPATIENT - OUTPATIENT - MEDICATION-ASSISTED):

Find below a *partial list* of state-supported, licensed treatment providers in our area.
Treatment options may include Medication-Assistance. Different levels of care available.
Call to confirm services. Complete state list on www.helpline-online.com.

Gosnold - All levels of care; vary by location,
800-444-1554 www.gosnold.org

High Point Treatment Center - (TSS) Brockton, 508-436-2011; Plymouth (Dual Diagnosis) 508-224-7701.

Phoenix House - (CSS) Quincy, 617-934-1136, Men's & Women's Detox and CSS

Adcare - 800 -252-6465, 800alcohol.com

Norcap - 508-543-1873. Goodsamaritanmedical.org/NORCAP

Saint Elizabeth's Comprehensive Addiction Program (SECAP) - 617-789-2574
www.smc.org

Spectrum Men's Post-Detox Step-Down/CSS, Weymouth, 781 331-3709, and
Westborough (New, TSS). www.spectrumhealthsystems.org

South Bay Mental Health - Outpatient - Brockton and other locations, 508-580-4691
www.southbaymentalhealth.com

Suboxone.com

Vivitrol.com

ADOLESCENT RESIDENTIAL/INPATIENT TREATMENT PROGRAMS:

Residential treatment is appropriate for youth experiencing health, emotional/behavioral, family, developmental and/or social problems as a result of alcohol and other drug use, and whose issues have not been resolved in less intense, community-based levels of care. Length of stay is up to 90 days. The assessing clinician can provide guidance.

There are many **private providers in-state and out-of-state** that accept insurance or private-payment. The MA Bureau of Substance Abuse Services offers direct referrals to state-funded, gender-specific adolescent Residential Treatment programs including: **CAB, Highland Grace House, Pegasus House, Phoenix Academy, and Project Rebound**. Contact Youth Central Intake & Care Coordination for free and confidential info and direct referrals to state -funded programs: 617 661-3991, 866-705-2807; www.healthrecovery.org/projects/youth-cicc

ADOLESCENT COMPREHENSIVE ASSESSMENT:

The ideal starting point for determining the appropriate course of treatment is a Comprehensive Assessment by a specialist.

Gosnold Inc. www.gosnold.org 800-444-1554

Addiction Recovery Management Service, Boston, 617-643-4699
The ARMS Program at Mass General. For ages 15-25, this service offers assessments and case management for full continuum of care.
www.addictionanswers.com/about-arms/how-enter-arms/

ADOLESCENT DETOX AND STABILIZATION:

Average Two-Week stay. Adolescents aged 13-17 who need medical, psychological, and behavioral stabilization from substances.

The CASTLE Clean and Sober Teens Living Empowered, Brockton, 508- 638-6000

MYR Motivating Youth Recovery, Worcester, 508- 860-1244

ADOLESCENT COMMUNITY-BASED/OUTPATIENT TREATMENT:

Gosnold, Inc. www.gosnold.org 800-444-1554

Arbour Counseling, Norwell, 800- 222-2237
Adolescent Structured Outpatient Addiction Program (SOAP): M-F 4:30-7:00pm

Bay State Community Services, Quincy, 617-471-8400
Intensive Recovery Program: M/W/F 3:00 -5:00 pm for 4 weeks

Children's Hospital, Martha Elliot Health Center, Jamaica Plain, 617-971-2100
www.childrenshospital.org; and in Boston: 617-355-2727

ADOLESCENT/YOUNG ADULT RECOVERY HOMES:

Structured, transitional living for young people ages 16-20 working towards independent sober living. Up to 6 months. www.gavinfoundation.org
Cushing House for Girls; Cushing House for Boys, So. Boston, 617-269-2933

COURT-MANDATED TREATMENT "Section 35": Family members may civilly commit an unwilling loved one to treatment when certain criteria are met.

For more information on the Section 35 process:

<http://scituate.wickedlocal.com/article/20140717/NEWS/140716998>

Contact the Court Clinician at your Local District Court (Hingham, Plymouth, Brockton or Quincy).